## AUGUST 2022 **STJ High School** MONDAY TUESDAY THURSDAY WEDNESDAY FRIDAY 2 3 11 10 8 18 15 22 Breakfast 25 Breakfast 23 Breakfast **Breakfast Cheese Omelet** Egg, Sausage French Toast Cereal **Biscuit** W/Toast Lunch Juice & Milk Lunch Lunch Spaghetti Lunch Cheese Pizza Cheeseburger **Garlic Bread** Crispito W/Cheese **Oven Fries Garden Salad** Veggie Veggie Veggie Veggie Fruit Fruit Fruit Fruit **Breakfast** Breakfast 31 Breakfast Egg. Sausage **Soft Cinnamon Breakfast Pizza** Did you know? **Biscuit Toast Bar** Lunch

Lunch **Chicken Strips Mashed Potatoes** 

Veggie Fruit

Lunch **Soft Tacos Refried Beans** Veggie Fruit

**Chicken Alfredo** 

**Garlic Toast** Veggie Fruit

In August 1762 the sandwich, as we know it, was created when the Earl of Sandwich requested meat between two pieces of bread.

Welcome Back, We Missed You! **Breakfast:** Fruit or Juice & Milk **Cereal Option** 

Lunch: **Veggies, Fruit &** Milk **Lunch Options: Specialty Salad** 

> Monday -**Roast Beef Sub** Tuesday -**Ham Sub** Wednesday -**Turkey Sub** Thursday -**PBJ Sandwich** Friday -**Deli Sub**