

AUGUST 2022

STJ High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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Breakfast
Soft Cinnamon
Toast Bar
Lunch
Chicken Strips
Mashed Potatoes
Veggie
Fruit

Breakfast
Egg, Sausage
Biscuit
Lunch
Soft Tacos
Refried Beans
Veggie
Fruit

Breakfast
Breakfast Pizza
Lunch
Chicken Alfredo
Garlic Toast
Veggie
Fruit

Did you know?
In August 1762 the sandwich, as we know it,
was created when the Earl of Sandwich
requested meat between two pieces of bread.

Welcome
Back,
We Missed
You!

Breakfast:
Fruit or Juice &
Milk
Cereal Option

Lunch:
Veggies, Fruit &
Milk

Lunch Options:
Specialty Salad

Monday –
Roast Beef Sub
Tuesday –
Ham Sub
Wednesday –
Turkey Sub
Thursday –
PBJ Sandwich
Friday –
Deli Sub