

AUGUST 2022

LWJ Elementary

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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Breakfast
Soft Cinnamon
Toast Bar
Lunch
Chicken Strips
Mashed Potatoes
Veggie
Fruit

Breakfast
Egg, Sausage
Biscuit
Lunch
Soft Tacos
Refried Beans
Veggie
Fruit

Breakfast
Breakfast Pizza
Lunch
Chicken Alfredo
Garlic Toast
Veggie
Fruit

Breakfast
French Toast
Lunch
Spaghetti
Garlic Bread
Veggie
Fruit

Breakfast
Cheese Omelet
W/Toast
Lunch
Cheese Pizza
Garden Salad
Veggie
Fruit

Breakfast
Cereal
Juice & Milk
Lunch
Crispito W/Cheese
Veggie
Fruit

Breakfast
Egg, Sausage
Biscuit
Lunch
Cheeseburger
Oven Fries
Veggie
Fruit

**Welcome
Back,
We Missed
You!**

Breakfast:
Fruit or Juice &
Milk
Cereal Option

Lunch:
Veggies, Fruit &
Milk

Lunch Options:
Chef Salad

Monday –
Roast Beef Sub
Tuesday –
Ham Sub
Wednesday –
Turkey Sub
Thursday –
PBJ Sandwich
Friday –
Deli Sub

Did you know?

In August 1762 the sandwich, as we know it,
was created when the Earl of Sandwich
requested meat between two pieces of bread.