

MARCH 2019

LWJ Elementary

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

Alexander Graham Bell made the first ever phone call on 10 March 1876. He called his assistant and said "Mr Watson, come here. I want to see you."

Breakfast

Yogurt Parfait

Lunch

Pepperoni Pizza
Veggie & Fruit Bar
Frozen Treat

1

Breakfast

Cinnamon Roll &
Oatmeal

Lunch

Chicken Patty W/Bun
Crinkle Cut Fries
Veggie & Fruit Bar
Choc Chip Cookie

4

Breakfast

Honey Bun

Lunch

Nacho Supreme
Refried Beans
Tortilla Chips
Veggie & Fruit Bar

5

Breakfast

Pancake Wrap

Lunch

Chili Fries
Veggie & Fruit Bar

6

Breakfast

Crescents Choice

Lunch

Bosco Sticks
Green Beans
Veggie & Fruit Bar

7

No School

8

Breakfast

Biscuit & Gravy

Lunch

Chicken Nuggets
Broccoli & Cheese
Veggie & Fruit Bar

11

Breakfast

Waffle W/Syrup

Lunch

Bean & Beef Burrito
Refried Beans
Tortilla Chips
Veggie & Fruit Bar

12

Early Dismissal

Breakfast

Scrambled Eggs,
Sausage & Toast

Lunch

PBJ Sandwich
Fruit & Veggie

13

Breakfast

Mini Donuts

Lunch

Fried Chicken
Golden Corn
Veggie & Fruit Bar

14

Breakfast

Smoothie Choice

Lunch

Cheese Pizza
Veggie & Fruit Bar
Frozen Treat

15

Breakfast

Mini Maple Pancakes

Lunch

Chicken Strip
Baked Beans
Veggie & Fruit Bar

18

Breakfast

Breakfast pizza

Lunch

Chicken Fajita
Spanish Brown Rice
Veggie & Fruit Bar

19

Breakfast

French Toast

Lunch

W/Syrup
Spaghetti
Garlic Toast
Veggie & Fruit Bar

20

Breakfast

Cereal Pastries

Lunch

Salisbury Steak
Mashed Potatoes
Dinner Roll
Veggie & Fruit Bar

21

No School

22

No School

25

No School

26

No School

27

No School

28

No School

29

Cereal & Toast
Offered At
Breakfast

Milk at
Breakfast &
Lunch

Veggie/Fruit
Bar every Day

Grab & Go:
Chef Salad

Monday
Coldcut Sub

Tuesday
Turkey &
Cheese Sub

Wednesday
PBJ Sandwich

Thursday
Combo Sub

Friday
Ham & Cheese
Sub