

MARCH 2019

STJ Middle School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

Alexander Graham Bell made the first ever phone call on 10 March 1876. He called his assistant and said "Mr Watson, come here. I want to see you."

1
Breakfast
 Yogurt Parfait
Lunch
 Pepperoni Pizza
 Coldcut Sub
 Veggie & Fruit Bar

4
Breakfast
 Cinnamon Roll & Oatmeal
Lunch
 Chicken Patty W/Bun
 Combo Sub
 Crinkle Cut Fries
 Veggie & Fruit Bar

5
Breakfast
 Honey Bun
Lunch
 Nacho Supreme
 Refried Beans
 Tortilla Chips
 Coldcut Sub
 Veggie & Fruit Bar

6
Breakfast
 Pancake Wrap
Lunch
 Beef Ravioli
 PBJ Sandwich
 Veggie & Fruit Bar

7
Breakfast
 Crescents Choice
Lunch
 Bosco Sticks
 Cheeseburger
 Green Beans
 Veggie & Fruit Bar

8
 No School

11
Breakfast
 Biscuit & Gravy
Lunch
 Chicken Nuggets
 Turkey Sub
 Broccoli & Cheese
 Veggie & Fruit Bar

12
Breakfast
 Dutch Waffles
Lunch
 Bean & Beef Burrito
 Refried Beans
 Tortilla Chips
 Ham Sub
 Veggie & Fruit Bar

13
 Early Dismissal
Breakfast
 Scrambled Eggs , Sausage & Toast
Lunch
 PBJ Sandwich
 Fruit & Veggie

14
Breakfast
 Mini Donuts
Lunch
 Fried Chicken
 BBQ Rib
 Golden Corn
 Veggie & Fruit Bar

15
Breakfast
 Smoothie Choice
Lunch
 Cheese Pizza
 Meatball Sub
 Veggie & Fruit Bar

18
Breakfast
 Mini Maple Pancakes
Lunch
 Chicken Alfredo
 Combo Sub
 Baked Beans
 Veggie & Fruit Bar

19
Breakfast
 Breakfast pizza
Lunch
 Chicken Fajita
 Spanish Brown Rice
 Cheeseburger
 Veggie & Fruit Bar

20
Breakfast
 French Toast W/Syrup
Lunch
 Spaghetti
 Garlic Toast
 PBJ Sandwich
 Veggie & Fruit Bar

21
Breakfast
 Cereal Pastries
Lunch
 Salisbury Steak
 Mashed Potatoes
 Dinner Roll
 Deli Sub
 Veggie & Fruit Bar

22
 No School

25
 No School

26
 No School

27
 No School

28
 No School

29
 No School

Juice or Fruit at Breakfast

Milk at Breakfast & Lunch

Veggie/Fruit Bar every Day

Daily Grab & Go:

Chef Salad or Sandwich