

APRIL 2019

STJ Middle School

Monday

Breakfast 1
Cereal Pastries
Choice
Lunch
Chicken Nuggets
Combo Sub
Mashed Potatoes
Veggie & Fruit Bar

Breakfast 8
Honey Bun
Lunch
Popcorn Chicken
Combo Sub
French Fries
Veggie & Fruit Bar

Breakfast 15
Mini Donuts
Lunch
Chicken Strips
Turkey Sub
French Fries
Veggie & Fruit Bar

Breakfast 22
Cereal Pastries
Choice
Lunch
Chicken Sandwich
Combo Sub
French Fries
Veggie & Fruit Bar

Breakfast 29
Honey Bun
Lunch
Chicken Nuggets
Turkey Sub
Mashed Potatoes
Veggie & Fruit Bar

Tuesday

Breakfast 2
Biscuit & Gravy
Lunch
Chicken Quesadilla
Turkey Sub
Refried Beans
Veggie & Fruit Bar

Breakfast 9
Sausage & Egg Biscuit
Lunch
Taco Salad
Ham Sub
Refried Beans
Veggie & Fruit Bar

Breakfast 16
Biscuit & Gravy
Lunch
Crispito W/Cheese
Combo Sub
Refried Beans
Tortilla Chips
Veggie & Fruit Bar

Breakfast 23
French Toast
W/Syrup
Lunch
Nacho Supreme
Coldcut Sub
Refried Beans
Veggie & Fruit Bar

Breakfast 30
Biscuit & Gravy
Lunch
Bean & Beef Burrito
Ham Sub
Refried Beans
Veggie & Fruit Bar

Wednesday

Early Dismissal 3
Breakfast
Breakfast Burrito
Lunch
PBJ Sandwich
Fruit & Veggie

Breakfast 10
Cinnamon Roll
Oatmeal
Lunch
Chicken Fried Steak
PBJ Sandwich
Mashed Potatoes
Veggie & Fruit Bar

Breakfast 17
Scrambled Eggs,
Sausage & Toast
Lunch
Toasted Cheese
Tomato Soup
PBJ Sandwich
Veggie & Fruit Bar

Breakfast 24
Breakfast Pizza
Lunch
Bosco Sticks
PBJ Sandwich
Green Beans
Veggie & Fruit Bar

Thursday

Breakfast 4
Pancake
Lunch
Breakfast for Lunch
Coldcut Sub
Veggie & Fruit Bar

Breakfast 11
Pancake Wrap
Lunch
Rotini w/ Meat Sauce
Garlic Toast
Deli Sub
Veggie & Fruit Bar

Breakfast 18
Waffle W/Syrup
Lunch
Frito Chili Pie
Cheeseburger
Veggie & Fruit Bar

Breakfast 25
Mini Maple Pancakes
Lunch
Chili Cheese Fries
Cheeseburger
Veggie & Fruit Bar

Friday

Breakfast 5
Yogurt Parfait
Lunch
Pepperoni Pizza
Fish Sandwich
Veggie & Fruit Bar

Breakfast 12
Crescents Choice
Lunch
Cheese Pizza
Ham Sub
Broccoli & Cheese
Veggie & Fruit Bar

Early Dismissal 19
Breakfast
Yogurt Parfait
Lunch
Corn Dog
Veggie & Fruit Bar

Breakfast 26
Cinnamon Roll
Oatmeal
Lunch
Pepperoni Pizza
Fish Sandwich
Veggie & Fruit Bar

Juice or Fruit at
Breakfast

Milk at Breakfast
& Lunch

Veggie/Fruit Bar
every Day

Daily
Grab & Go:

Chef Salad or
Sandwich

DID YOU KNOW...

April is named after the Greek goddess of love, Aphrodite. In the Roman calendar, the fourth month April is spelled Aprilis, meaning "to open." Festivals which were planned for April included Parrilla, a day celebrating the founding of Rome.